

PRETOX SYSTEM

— GENTLE TOXIN DRAINAGE AND CLEARING —



This gentle detoxification protocol can be used as a stand-alone drainage and clearing detox, or as a place to start when preparing the body for one of Quicksilver Scientific's more comprehensive detox programs.

PreTox Products

- 2x Dr. Shade's Bitter X
- 2x Liposomal Vitamin C
- 2x Kidney Care
- 2x Ultra Binder® Sensitive Formula
- 2x Membrane Mend®

The protocol includes the herbal-based Bitter X and Kidney Care formulations for bile production, lymphatic flow, and urinary clearance. Vitamin C is included as an antioxidant for free-radical quenching without pushing cellular detox the way supplemental glutathione might.*

Membrane Mend® brings nourishing phosphatidylcholine (PC) to support bile flow and help rebuild cell membranes, and the fat-soluble antioxidants astaxanthin and tocotrienols to fortify them.*

None of our detoxification protocols are complete without binding agents. Included in the PreTox System is our Ultra Binder® Sensitive Formula to effectively "catch" the mobilized contaminants in the GI tract for their final removal from the body.*

Why a PreTox?

In our heavily industrialized world, detoxification is a necessary part of optimal wellness and there are many benefits to making this part of a regular health routine. However, engaging in a formal detoxification program can be intimidating at first, especially for those who are new to detox, have delicate systems, complex health issues, or have had negative reactions with previous detoxes.

“Drainage” is a term historically used by European biomedical and naturopathic healing traditions to describe a process of using herbal extracts and/or homeopathics to gently increase lymphatic, bile, and urinary flow to help clear circulating toxins and help revitalize “stuck” or “blocked” organs of elimination. These gentle detoxification methods support the clearance of those toxins already in circulation without stimulating the movement of stored toxins from cells and tissues. Quicksilver adopted this revered drainage methodology for the PreTox System.

Protocol Instructions

Product Cycle: 5 days on and 2 days off | **Protocol Length:** 4 weeks

PRETOX PRODUCTS + DOSING				
PRODUCT	A.M.	30 MINUTES LATER	P.M.	30 MINUTES LATER
Dr. Shade's Bitter X	5 pumps		5 pumps	
Kidney Care	1 tsp		1 tsp	
Membrane Mend®	1 tsp		1 tsp	
Liposomal Vitamin C	1 tsp		1 tsp	
Ultra Binder® Sensitive Formula		1 tsp mixed in water		1 tsp mixed in water
* Make sure to drink adequate water when taking charcoal-containing supplements				

Instructions: Take 5 pumps of Dr. Shade's Bitter X, and 1 tsp of Kidney Care, Membrane Mend®, and Vitamin C twice daily on an empty stomach. Hold each product in the mouth for 30-90 seconds before swallowing.

Mix 1 tsp of Ultra Binder® Sensitive Formula in 8 ounces of filtered water 30 minutes after taking the liquid products. Wait another 30 minutes before eating.

IF TAKING MEDICATIONS, PLEASE READ:

Because Ultra Binder® Sensitive Formula contains activated charcoal and other binding agents which may affect absorption, it should be taken at least two hours before or after prescription medications.